**21.017 Sušené jablká 100 porcií**

**Receptúra**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Potravina | Veková skupina | | | | | | | | |
| A | | | B | | C | | D | |
| Hmotnosť v kg, l, ks | | | | | | | | | |
|  | | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá |
| sušené jablká | | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 |
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| hmotnosť porcie v g | | 30 | | 30 | | 30 | | 30 | |

**Výrobný postup**

Podávame ako ovocný doplnok za obedom.

**Nutričné zloženie 1 porcie**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| veková  skupina | energetická  hodnota | | bielkoviny | tuky | kyselina  linolová | sacharidy | vláknina | vápnik | železo | Vitamíny | | | | |
| A | B1 | B2 | C | E |
| kJ | Kcal | g | g | g | g | g | mg | mg | mg | mg | mg | mg | mg |
| A | 447 | 107 | 0,26 | 0,1 | 0,0 | 24,7 | 2,4 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| B | 447 | 107 | 0,26 | 0,1 | 0,0 | 24,7 | 2,4 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| C | 447 | 107 | 0,26 | 0,1 | 0,0 | 24,7 | 2,4 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |
| D | 447 | 107 | 0,26 | 0,1 | 0,0 | 24,7 | 2,4 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 |