**1.059 Ovocný nápoj multivitamín 100 porcií**

**Receptúra**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Potravina | Veková skupina | | | | | | | | |
| A | | | B | | C | | D | |
| Hmotnosť v kg, l, ks | | | | | | | | | |
|  | | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá |
| multivitamínový koncentrát 100 %-ný | | 7,50 | 7,50 | 10,00 | 10,00 | 10,00 | 10,00 | 12,50 | 12,50 |
| voda | | 7,50 | 7,50 | 10,00 | 10,00 | 10,00 | 10,00 | 12,50 | 12,50 |
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| hmotnosť porcie v g | | 150 | | 200 | | 200 | | 250 | |

**Výrobný postup**

Multivitamínový koncentrát 100 %-ný rozmiešame v predpísanom množstve vody.

**Nutričné zloženie 1 porcie**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| veková  skupina | energetická  hodnota | | bielkoviny | tuky | kyselina  linolová | sacharidy | vláknina | vápnik | železo | Vitamíny | | | | |
| A | B1 | B2 | C | E |
| kJ | kcal | g | g | g | g | g | mg | mg | mg | mg | mg | mg | mg |
| A | 165 | 40 | 0,07 | 0 | 0 | 8,6 | 0,07 | 0 | 0 | 0 | 0 | 0 | 9,9 | 0 |
| B | 220 | 55 | 0,10 | 0 | 0 | 11,5 | 0,10 | 0 | 0 | 0 | 0 | 0 | 12,2 | 0 |
| C | 220 | 55 | 0,10 | 0 | 0 | 11,5 | 0,10 | 0 | 0 | 0 | 0 | 0 | 12,2 | 0 |
| D | 275 | 65 | 0,12 | 0 | 0 | 13,3 | 0,12 | 0 | 0 | 0 | 0 | 0 | 15,3 | 0 |