**21.018 Sušené hrušky 100 porcií**

**Receptúra**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Potravina | Veková skupina | | | | | | | | |
| A | | | B | | C | | D | |
| Hmotnosť v kg, l, ks | | | | | | | | | |
|  | | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá | Hrubá | Čistá |
| sušené hrušky | | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 | 3,00 | 5,00 | 5,00 |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
|  | |  |  |  |  |  |  |  |  |
| hmotnosť porcie v g | | 30 | | 30 | | 30 | | 50 | |

**Výrobný postup**

Podávame ako ovocný doplnok za obedom.

**Nutričné zloženie 1 porcie**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| veková  skupina | energetická  hodnota | | bielkoviny | tuky | kyselina  linolová | sacharidy | vláknina | vápnik | železo | Vitamíny | | | | |
| A | B1 | B2 | C | E |
| kJ | kcal | g | g | g | g | g | mg | mg | mg | mg | mg | mg | mg |
| A | 427 | 102 | 0,9 | 0,05 | 0 | 26,2 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 |
| B | 427 | 102 | 0,9 | 0,05 | 0 | 26,2 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 |
| C | 427 | 102 | 0,9 | 0,05 | 0 | 26,2 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 |
| D | 712 | 170 | 1,5 | 0,09 | 0 | 43,7 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 |